

## 1. The Analyst (Logical Self-Reflection)

Focus: introspective, principle-based, analytical, logical

1. What principles guide your decisions?
2. How do you weigh pros and cons before making a choice?
3. When faced with a tough decision, what internal criteria do you rely on?
4. How do you define success for yourself?
5. Which past decisions are you most proud of, and why?
6. How do you separate emotion from logic when analysing a problem?
7. What personal values influence your priorities?
8. How do you handle uncertainty internally?
9. What is your process for learning from mistakes?
10. How do you determine what is “rational” in ambiguous situations?
11. How do you balance short-term versus long-term thinking?
12. What role does self-reflection play in your daily routine?
13. How do you decide when to trust your intuition?
14. What criteria do you use to evaluate risks?
15. How do you define “logical consistency” in your life choices?
16. When analysing a problem, what steps do you take first?
17. How do you prioritise conflicting internal goals?
18. Which mental models guide your thinking?
19. How do you know when to change your mind?

20. How do you measure personal growth?
21. How do you approach solving problems without external input?
22. How do you handle cognitive biases in your own thinking?
23. When do you rely on evidence versus principles?
24. How do you evaluate whether a decision aligns with your values?
25. How do you define rational happiness?

## **2. The Strategist (Logical but Externally Aware)**

Focus: analytical, socially-aware, data-driven, strategic

1. How do you factor external consequences into your decisions?
2. How do you assess the impact of your choices on others?
3. How do you prioritise competing interests in a group?
4. How do you approach planning for long-term outcomes?
5. What role does logic play in your interactions with others?
6. How do you balance personal goals with organisational or social goals?
7. How do you evaluate risk in social or professional contexts?
8. How do you anticipate others' reactions to your decisions?
9. What frameworks help you make strategic choices?
10. How do you determine which external data is most reliable?
11. How do you weigh short-term gains against long-term impact?
12. How do you adapt when external conditions change unexpectedly?
13. How do you decide who to involve in decision-making?

14. How do you measure success in collaborative projects?
15. How do you ensure fairness in your decisions?
16. How do you maintain logical clarity under social pressure?
17. What role does diplomacy play in your decisions?
18. How do you handle conflicting advice from multiple sources?
19. How do you anticipate unintended consequences?
20. How do you define “strategic thinking”?
21. How do you align your goals with group or societal objectives?
22. How do you use data to predict trends or outcomes?
23. How do you adjust decisions based on feedback from others?
24. How do you balance efficiency with ethics?
25. How do you evaluate the long-term success of a strategy?

### **3. The Idealist (Feeling-Driven Self-Reflection)**

Focus: introspective, values-driven, emotional, intuitive

1. How do your feelings guide your personal decisions?
2. What personal values do you hold most sacred?
3. How do you handle conflict within yourself?
4. How do you know when a decision “feels right”?
5. What inspires you to take action?
6. How do you define personal authenticity?
7. How do your emotions inform your priorities?

8. How do you reconcile conflicting desires?
9. When do you feel most aligned with your true self?
10. How do you evaluate personal growth emotionally?
11. How do you express your values in daily life?
12. How do you handle disappointment internally?
13. How do you identify your true passions?
14. How do you differentiate between fleeting feelings and deep intuition?
15. How do you reflect on past choices emotionally?
16. How do you cope with regret?
17. How do you make sense of your emotional patterns?
18. How do you nurture your own emotional well-being?
19. How do you decide what matters most to you?
20. How do you balance personal desires with responsibilities?
21. How do you interpret your gut reactions?
22. How do you define fulfillment?
23. How do you approach change in your life?
24. How do you listen to your inner voice?
25. How do you stay true to your feelings in challenging situations?

#### **4. The Empath (Feeling-Driven Social Awareness)**

Focus: emotional, externally aware, relational, socially sensitive

1. How do you tune into others' emotions?

2. How do you decide how to respond to someone in need?
3. How do relationships influence your decisions?
4. How do you balance your needs with others' needs?
5. How do you approach conflict resolution?
6. How do you know when someone needs support?
7. How do you navigate emotionally charged situations?
8. How do you handle criticism without taking it personally?
9. How do you maintain empathy without overextending yourself?
10. How do you build trust with others?
11. How do you sense group dynamics in decision-making?
12. How do you handle ethical dilemmas involving others?
13. How do you foster collaboration and harmony?
14. How do you assess the emotional impact of your choices?
15. How do you communicate understanding effectively?
16. How do you manage emotional burnout?
17. How do you help others feel seen and heard?
18. How do you prioritise relationships in decision-making?
19. How do you navigate social expectations?
20. How do you maintain authenticity while being empathetic?
21. How do you respond to someone with opposing views?
22. How do you balance fairness with kindness?
23. How do you encourage emotional growth in others?

24. How do you anticipate the feelings of others before acting?

25. How do you know when to step back for self-care?